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# Coach

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## Coach

- Bachelor Degree (3 years full-time)

### ***Graduate profile***

The graduate student in the **Coach study programme** is an expert in general sports training in addition to a specific sport. The graduate has the knowledge in the field of pedagogy, psychology, biomedicine, sport training and didactic progressions in their specific sports field. This enables the graduate student to plan and implement **specific training programmes** for all age categories and all sport performance levels.

### ***Programme characteristics***

The aim of the programme is to prepare experts in the area of **sports training** with coaching and methodical, psychological, social, diagnostic and intervention competences. The graduates are expected to be familiar with the theoretical designing of training programmes and their application to a practical form.

The design of the study plan enables one to understand the necessary principles of the area of applied sport sciences, alongside with the development of basic movement skills (during first and partially second year of the study). Their application in specific sport didactic courses is covered further on (second and third year) together with sport practice.

### Opened sport specializations for coaches:

Track and field  
Gymnastics  
Swimming sports  
Football (soccer)  
Ice hockey  
Volleyball  
Basketball  
Tennis  
Handball  
Combat sports